

ASBURY CIRCUIT RIDER

Volume 5 Issue 25

MAY 25, 2025

Children (Lifeboat)



Higher prices on essential items disproportionately affect families with lower incomes more than those with higher incomes. While most of us can put off buying things we can do without, many essentials cannot be delayed for very long. Certainly not long enough for the trade

war levied against the rest of the world to end.

Page 2



DONATE

INSIDE THIS ISSUE:

Fabrication	1
Children	1
Children	2
Coming up this week	3
In our prayers	3
Upcoming Worship/Book Club	4
Upcoming Worship Series/Book Club	5
Feed Flint	6
Feed Flint	7
Life Group Questions	8
Bottled Water Drive for SFSK	9
Support your local farm	10
Book Club News	11
Ways to Give to SFSK	12
Children	13
Fabrication	14
Fabrication	15
Angel Closet	16
Kroger Reward	17

Fabrication (Lifeboat)



“Fabrication” is used a lot in manufacturing to refer to the process of producing a product. The word refers to the idea of creating something from raw materials. The word also refers to fabricating a story or telling an outright lie. When a person lies, they’re often making up a story that is fiction, but could contain

fragments of truth.

This is more common than we would like to admit. The problem is knowing when someone is lying and which parts of their story may be genuine.

Page 13

Families living at or below the poverty level feel the effects most, as essentials like food and fuel become increasingly inaccessible, making survival more difficult. The impact is even more severe for children as meals become less frequent, education slips further away, and medical care becomes a luxury many families can't afford.

Childhood poverty is a persistent reminder that the most vulnerable, who also aren't invited to weigh in on policies affecting them, feel the impact first and the hardest. The U.S. has made some progress since the last century, but even this meager progress is at risk.

Head Start was one of numerous programs targeted for elimination. Fortunately, the administration gave in to public pressure and kept it in the current budget proposal. The pressure needs to stay on to protect the most vulnerable of us.

In our reading this week from our companion book, Benji awoke to see that the entire sea was glowing. In

places, it looked like a million small light bulbs were illuminating the water. The ocean was completely calm and looked like a massive sheet of glowing glass. It was so beautiful that Benji wondered if he had died and was seeing heaven.

"At that moment," Benji shared, "I sensed my insignificance more than at any other moment in my life." Jean Philippe asked Benji if he thought the stranger had anything to do with creating what they experienced. "Something must have," Jean Philippe whispered, "Something magnificent."

The next morning, Jean Philippe was not in the lifeboat. In frustration, Benji asked the stranger why he hadn't stopped him. "Why didn't you?" the stranger responded.

The group of survivors had dwindled to four. There was the little girl, Alice, the stranger, Jason Lambert, who owned the Galaxy, and the stranger.

One morning, Benji awoke to Jason Lambert with a knife in his hand and screaming at the

stranger, "Do something, you IDIOT! Call for HELP!" "I am your help, Jason Lambert," the stranger calmly responded, "Come to me." It became clear that the effects of drinking seawater had pushed Jason Lambert over the edge.

In a matter of seconds, both the stranger and Jason Lambert were in the water and dead. Only Alice and Benji remained alive in the lifeboat.

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In a matter of seconds, both the stranger and Jason Lambert were in the water and dead. Only Alice and Benji remained alive in the lifeboat.

IN OUR PRAYERS

Virginia Bigger
 Sylvia Pittman
 Mirium Watson

Terry Kinze
 Jonathon Misner
 Terrance Williams



FRIENDS AND LOVED ONES WHO ARE
HOMEBOUND OR IN NURSING CARE

Dean Lamoreaux Norma Buzzard
 Nancy Elston



COMING UP THIS WEEK
 MAY 26 — JUNE 1



May 26	Mon	HAPPY MEMORIAL DAY!	
May 27	Tue	9am-until gone	Produce will be available each week, along with canned goods, until further notice
		3:00pm	CDC Board Meeting
May 28	Wed		
May 29	Thu		
May 30	Fri		
May 31	Sat		
June 1	Sun	10:30am	New Beginnings Contemporary Worship

(We are live on [Facebook](#) and our newly launched [YouTube channel](#). You can find these links along with more information about us on our website at ([FlintAsbury.org](#).)

Upcoming Worship Series "Lifeboat"



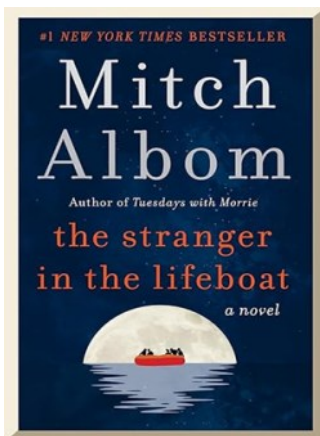
Page 4

In our worship series, *Lifeboat*, we learn about a group of people desperately clinging to life after the yacht they were on sank. Three days after the accident, after drifting a considerable distance from where the boat went down, they pull a stranger into the lifeboat. The stranger claimed to be the Lord.

In his best-selling novel, *The Stranger in the Lifeboat*, Mitch Albom lays out the beginning of the mystery. "When we pulled him from the water, he didn't have a scratch on him ... he was unmarked, with smooth almond skin and thick dark hair matted by seawater ... He wore no life jacket, nor was he holding on to anything when we spotted him bobbing in the waves."

Page 5

Book Club News



Beginning the first Sunday after Easter, we're embarking on a new series titled *Lifeboat*. This series is inspired by Mitch Albom's

novel *The Stranger in the Lifeboat*.

Mitch Albom is the founder of SAY Detroit, a nonprofit that provides pathways to success for Detroiters in need through major health, housing, and education initiatives. The nonprofit is funded in part by profits coming from a dessert shop and a gourmet popcorn line. He and his wife Janine also operate Have Faith Haiti, a home and school for impoverished children and orphans in Port-au-Prince.

As an author, Mitch Albom has written eight #1 New York Times bestsellers, Emmy Award-winning TV films, stage plays, screenplays, a nationally syndicated newspaper column, and a musical. As a result of his work at the Detroit Free Press, Albom was inducted into both the National Sports Media Association and Michigan Sports Halls of Fame and received the Red Smith Award for lifetime achievement.

In his New York Times Bestseller, *The Stranger in the Lifeboat*, Albom ponders the question, "What would happen if we called on God for help and God actually appeared?" It is a story of hope and faith. Page 11

Asbury Staff

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Sylvia Pittman	Empowerment Arts
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Leadership in Worship & Service

Tony & Mirium	Welcome Team
Cyndi	Worship Leader
Anthony & Jim	Ushers
Jonathon & Terrance	Production Team
Yasheah & Mirium	Nursery
Christine	Cafe

Upcoming Worship Series — “Lifeboat”

The survivors were baffled by finding someone alive in the chilly waters. One survivor, Nina, said to the stranger, “Well, thank the Lord we found you.” The suspense went into hyperdrive when the stranger responded, “I am the Lord.”

They were in disbelief, although each showed it differently. “If you’re really the Lord, save us,” sums up their collective response. Things didn’t add up.

Fortunately, we’re not in a lifeboat clinging to life, but most of us wonder what will happen now. A lot is going on in the world. Many of us can feel a connection with the survivors in the lifeboat. We may feel like we’re clinging onto life in terms of the future.

But is Jesus really in the lifeboat with us? When we see the mess created by the current administration, we struggle to see the love that Jesus taught. Instead, we see hatefulness, cruelty, revenge, abuse of power, and lawlessness.

When we look at what is happening in our nation, we clearly don’t see Jesus. We worry that Jesus is dead, or at least that which Jesus teaches us is dead. Even if Jesus is among us, we either don’t recognize Him or don’t believe He’s around. Because, if he is here, why won’t He save us?

Save us, Lord!

We are about to die!

Matthew 8:25

There is a lot going on that we can’t control, and most of us did not vote for it. The world is a mess.

Unfortunately, God has a track record of allowing us to suffer the consequences of our collective decisions. And we’re all suffering from the mistakes made during the last election, regardless of our role. This is the way lifeboats work. We have to work together to survive.


“Feed Flint”

Page 6



“Feed Flint”

Page 7



A meal goes a long way for a senior living alone, a family struggling to make ends meet, or a child fearful of empty shelves at home. But for the residents of Flint who carry the effects of lead-tainted water, nutrition is critical. Feed Flint provides locally grown, chemical-free, fresh produce to residents living in and around Flint. And we're hoping that you can help us provide 10,000 meals this summer.

Feed Flint includes takeout meals, produce boxes with recipes, and home deliveries as part of our work to guide and support families in moving to sustainable abundance. The reality is that Michigan's food insecurity levels got worse during the COVID-19 pandemic, and this summer's recovery is leaving behind those at the most risk of having to miss meals.

Flint families continue to struggle with the ongoing effects of the water crisis.

We're bringing together the resources of the Asbury Community Development Corporation. This includes Asbury Farms, the South Flint Soup Kitchen, the Asbury Community Help Center, multiple food pantries, and our Sizzling Culture Mobile Food Trailer. Our plan is to care for our neighbors when they need it most. We accept all people as they are, and our doors are always open to anyone.

Asbury Farms provides locally grown produce used to create fabulous and nutritious meals. Our seed-to-table approach is community-based. This not only helps families make it through emergencies and crises. We help move families towards sustainable abundance.

Our Sizzling Culture program provides jobs and new skills to our city's youth. This includes year-round employment. Our staff and most of our volunteers come from the neighborhoods we support. We call this sustainable abundance because families move from need-based on scarcity to enough based on community-generated abundance.

Our work is also about food and justice. Our vision is a revitalized community where every resident can use their talents and passions for the common good, where children grow into active citizens. And all residents can enjoy safety, good health, and a culture that fosters life-long learning and satisfying lives. This summer, help us address food insecurity and strengthen Flint's budding local food system by supporting the Feed Flint campaign. Thank you for taking the time to see what we're doing and considering how you can help.

**Donate to our Feed Flint Campaign by visiting:
flintasbury.org/feed-flint-donate**

LIFE GROUP QUESTIONS & MORE:

You will know the truth, and the truth will set you free.

John 8:31-32

NOTES FROM WORSHIP

QUESTIONS FOR LIFE GROUPS:

1. Read John 8:31-32. What does it mean to you to follow the teachings of Jesus? Why is the truth important?
2. Read the article in this week's Circuit Rider titled Fabrication. Do you know people who project their misgivings onto others? How do you choose to deal with this? What lies have you told recently? Were they self-serving or kind?
3. How can your group members help you be more receptive to hearing and understanding the Word of God this week? Pray for each other to have the Holy Spirit bless you with more courage.



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A diverse group of shipwrecked passengers pulls a strange man from the sea who claims to be “the Lord.” The group challenges the man’s assertion. “If you’re really who you say you are, prove it! Save us!”

The Lord is willing, but there’s a catch. He can only save them if they all believe in Him.

I want to share more with you, but I don’t want to spoil any surprises. In his book, Albom keeps us guessing until the end. You, too, will be anxious to discover whether this strange man is really who he claims to be.

The novel is fast-paced and compelling and promises to cause you to ponder your deepest beliefs. Is it possible that the answers to our prayers may be found where we least expect them?

If you choose to follow along, I suggest using the following schedule:

<u>Sundays</u>	<u>Pages</u>	<u>Parts</u>
April 27	v - 55	One & Two
May 4	56 - 97	Three & Four
May 11	98 - 144	Five & Six
May 18	145 - 191	Seven to Nine
May 25	192 - 228	Ten & Eleven
June 1	229 - 268	Twelve to Epilogue

We’ll have a few books available for purchase. New copies of the paperback edition are available through Amazon for \$10.86, and used copies in good condition are under \$7. This book may also be available at the local library.

Our Book Club does not meet as a group. However, our weekly messages reference that week’s chapters. You can anticipate spoiler alerts unless you keep up with the pace. You can purchase your own copy or visit your local library.

You can contact our office with questions by phone or simply type your question or enter a prayer request on our website’s homepage — FlintAsburyChurch.org.

Pastor Tommy

Mitch Albom. *The Stranger in the Lifeboat*. New York: HarperCollins, 2021.

Cash or checks can be sent to/dropped off at South Flint Soup Kitchen, 3410 Fenton Road, Flint, MI 48507. Please make checks out to South Flint Soup Kitchen!

Online at www.mightycause.com/feedflint

Donations can be dropped off Monday-Friday 11am-12Noon. Calling ahead is not necessary, but our needs change frequently, so calling ahead of time is a good idea!

Give time! We need volunteers!!! Volunteers arrive at 9:30am and are done by 12:30pm. Tasks include handing out lunches, assisting in the Angel Closet, light cleaning, putting together items to pass out to clients, and more.

Refer people!!

Questions??? Call 810-239-3427
or email southflintsoupkitchen@gmail.com

Benji had noticed how Alice seemed to stay close to the stranger, as if she believed he would protect her. It reminded him of a time when their priest shared how Jesus loved the children and that the kingdom of Heaven belonged to them. His mother rubbed his shoulders. At that moment, Benji felt sheltered from all evil.

The priest Benji and his mom heard that day could have read from any of the three synoptic gospels. They each share a story about a time when Jesus talked about the importance of children. And that we adults need to have faith more like the faith a child has.

"There is no faith like the faith of a child," Benji shared in his journal, "I have not got the heart to tell Alice it's misplaced.."

The death of the stranger, at the hands of Jaason Lambert, seemed to confirm the doubts Benji had about the stranger's claim to be the Lord. Surely, he must also have felt a loss of hope with the possibility that the Lord was with them on the lifeboat now gone.

Remember this! Whoever does not receive the Kingdom of God like a child will never enter it.

Luke 18: 15-17

Children haven't experienced the disappointments most adults have experienced. The loss of loved ones and other tragedies leave us wondering why God allows so much suffering.

When Jesus said we should have faith like a child, He was speaking to people when, culturally, children didn't have the status most children have today. This is hard for me to imagine. And given how much my children matter to me, I can't help but want all children to be loved and cared for.

Nevertheless, it's also hard for any of us to put enough distance between our faith and past experiences to reach the same level of trust that a child puts in persons they count on. Unable to take care of their needs on their own, even the most skeptical children depend on adults for safety and their essential needs.

However, in many families, even providing the essentials is a struggle.

What happens next in our companion book is a cliff-hanger beckoning us to read on. "They're all gone," Benji said to Alice!" The little girl who hadn't spoken until then replied. "I am the Lord. And I will never leave you."

Stay tuned!

You can join us each Sunday in person or online by clicking the button on our [website's](#) homepage. [Click here to watch.](#) This button takes you to our [YouTube channel!](#) You can find more information about us on our website at FlintAsburyChurch.org.

This is a reminder that we publish a weekly newsletter called the Circuit Rider. You can request this publication by email. Send a request to FlintAsburyUMC@gmail.com or let us know when you send a message through our [website](#). We post an archive of past editions on our website under Connect - choose [Newsletters](#).

Pastor Tommy

Our series was inspired by Mitch Albom. *The Stranger in the Lifeboat*. New York: HarperCollins, 2021.

Renee Ellory is one of those rare individuals who have a talent for detecting deception. She was among 50 people identified in a University of San Francisco study where scientists aimed to find individuals who excel at accurately spotting lies told by strangers. And the researchers tested over 15,000 people working for the CIA, Secret Service, FBI, sheriffs, psychologists, lawyers, judges, and ordinary people.

In an article titled "The Liar's Projections," Renee writes that if you notice a person accusing everyone else of lying while claiming they're honest, they are likely to be indirectly pointing the finger back at themselves.

In psychology, this phenomenon is known as "projection." In other words, a person who is not telling the truth is projecting their behavior onto others. Additionally, it's not uncommon for such a person to project onto others the negative behaviors they feel guilty about. Often unaware that this is what is happening.

In this week's chapters from our companion book, *The Stranger in the Lifeboat*, Dobby has shown up on the Island of

Montserrat, where Chief Inspector Marty LeFleur is listening to his version of what may have happened to the Galaxy. If you recall, Benji blamed the explosion on his childhood friend. And LeFleur seems convinced of his guilt.

Dobby asks LeFleur if he has ever heard of "confabulation." According to the National Institute of Health, confabulation is a form of neuropsychiatric disorder where a person tells a false story, but without the intention of deceit. The person may be trying to explain what has happened to themselves.

Dobby's explanation seemed too convenient to LeFleur. But Dobby pointed out that Annabelle, Benji's wife to whom his journal was addressed, was no longer living. Perhaps at least some parts of the mystery of what happened to the Galaxy were coming to light. LeFleur's job was to get to the truth.

Truth is a common theme throughout scripture. We're told that God hates lies, even though God loves the person lying. But there are good reasons for the truth. Proverbs tells us, "When you tell the truth, justice is done, but lies lead to injustice (Proverbs 12:17).

We're certainly experiencing the bending of the truth and outright lies coming out of the administration and many lawmakers in Washington. And in many cases, injustice is being covered up rather than telling the truth and undoing the harm.

The current president's propensity for lying is well documented. The Washington Post counted a total of 30,573 lies told during his first term. Interestingly, they noticed that the rate of lies told increased dramatically from year to year.

People lie for a lot of reasons. And often a lie seems justifiable. Dr. Bella DePaulo has done extensive research on lies told by ordinary people. She says we all lie, mainly for two reasons. Either we want something or we want to avoid what we don't want, or we lie for someone else's benefit. DePaulo categorizes these two types of lies as self-serving and kind lies.

When confronted while Jesus was being interrogated after His arrest, Peter said to the men who were convinced that he was a friend of Jesus. "I swear that I am telling the truth? I do not know that man!" Right after Peter said this, a rooster crowed nearby, reminding him what Jesus had said earlier.

Did Peter do the right thing? After all, he feared being arrested had he admitted to being a follower of Jesus. This way, he was able to continue the mission left to Him by Jesus. However, the guilt of his self-serving lie, in which he denied knowing Jesus, was intense for Peter.

Jesus knew Peter would deny knowing Him when confronted. Likewise, Jesus knows that most of us will make similar decisions. And we do when it comes to using self-serving lies for our own benefit.

In John's Gospel, Jesus tells us that to follow Him is to do as He teaches. In other words, we follow His example of treating all persons with dignity and love. This is what it means to be a Christian. And by extension, this means that our policies should reflect Jesus' teachings if we want to be a nation that exemplifies the teachings of Jesus.

*You will know the truth, and
the truth will set you free.*

John 8:31-32

What would be the benefit of a nation whose policies reflect the teachings of Jesus?

Jesus said that when we follow His teachings, we know the truth. And the truth, my friends, will set us free.

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Bella DePaulo. "How President Trump's Lies Are Different From Other People's." © Psychology Today, December 9, 2017. Retrieved from: link

Glenn Kessler, Salvador Rizzo, and Meg Kelly. "Trump's false or misleading claims total 30,573 over 4 years." © Washington Post, January 24, 2021. Retrieved from: link

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Fortunately, God is more powerful than our problems. Fortunately, love always outlasts hate. And God promises us that if we do work together, we will not only survive, we will thrive.

Our series follows Mitch Albom's book but adds our own concerns and relevant stories from scripture. His book is inspirational and should cause us to reflect on our circumstances and faith.

The Book Club article in our weekly newsletter, the Circuit Rider, includes a reading schedule. All relevant articles and past issues of our newsletter are on our [website](#).

Here is the outline of our series:

<u>Sundays</u>	<u>Episode</u>
April 27	Strangers
May 4	Faith
May 11	Identity
May 18	Children
May 25	Fabrication
June 1	Now what?

Please join us each Sunday at 10:30 a.m. We share our weekly episodes on [Facebook](#) and our [YouTube channel](#), and go live at 10:30 a.m. You can find these links and more information about us, or join our live broadcast on our [website](#), [FlintAsburyChurch.org](#).

Pastor Tommy

Mitch Albom. The Stranger in the Lifeboat. New York: HarperCollins, 2021.



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