

# ASBURY CIRCUIT RIDER

Volume 2 Issue 17

## Basics (Common Ground)



Mid-term elections are coming up this November. The label means that the president's four-year term is half over. This year, all 435 U.S. House of Representatives seats are on ballots, along with 35 of the 100 Senate positions.

Mid-term elections are coming up this November. The label means that the president's four-year term is half over. This year, all 435 U.S. House of Representatives seats are on ballots, along with 35 of the 100 Senate positions.

One, if not the most, significant factor determining the outcome of midterm elections is the president's popularity rating. Most voters, loyal to their respective parties, vote a straight ticket regardless of

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## Why? (Healthy Care)



What is most important to you? Family? Good health? What values drive your everyday decisions to do the things you choose to do? Love? Fairness?

In other words, why do you do the things

that you do?

Sarah Stewart Holland and Beth Silvers write, "Our values are the rocks that should serve as our foundation—helping us weather all the controversy, change, and challenges of current events." Do you agree? If so, is this how you choose which candidates you vote for, or do you simply choose by affiliation to a political party?

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*July 17, 2022*



You may continue to wear your masks when in the building, if you feel more comfortable, but is not necessary.

**DONATE**

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I know, it's complicated. We're basically a two-party system regarding the vast majority of election outcomes. Even when there are more than two choices on the ballot. So sometimes we're faced with either compromising our values or voting for a split ticket.

Political parties are handy shortcuts to supporting the side that best represents our views. But isn't it crossing a moral line once we use a political party as a shortcut to exploring and living by the values we choose to uphold?

"Politicians shouldn't determine our positions and values," writes Sarah and Beth. Instead, "our values should determine the policies and politicians we support." But instead, our choice of political party becomes "cheap imitations of core values," and we often "use them as a shortcut for our own soul-searching and analysis."

Let's explore this assertion further.

As Christians, we claim that our values come from scripture. But do we sometimes follow political candidates that lead us onto a totally different path than we claim we want to be on?

"What should I do?" is a question that most of us ask God from time to time. So when I finally realized that my life was way off track, the version I

asked was, "What do You want from me?" And I got an answer I wasn't expecting.

One day Jesus was asked one of those edgy questions that cause politicians to redirect and answer with soundbites. But Jesus does the opposite. He first asks His interrogator their opinion.

In Luke's telling of this story, Jesus is approached by an expert in the law who hopes to trip Him up with a politically hot question. The question of God's favor is a tricky one. What must I do to ensure I'm pleasing God and can anticipate eternal blessing?

Jesus asks his interrogator how he interprets what it says in scripture about this question. And the man responds that we must "Love God with all your heart, soul, strength, and mind; and Love your neighbor as you love yourself." "That's right," Jesus replies, "Do this, and you will live."

**What do the scriptures say?  
How do you interpret them?**  
**Luke 10:26**

Of course, it doesn't end there. A follow-up question that dives into how Jesus sees this mandate getting lived out in day-to-day life comes afterward. "Who is my neighbor?" the man asks. The answer Jesus gives

illustrates how our Christian values should inform our choice of candidates we support and how we vote on resolutions.

In this case, Jesus takes us on an adventure into everyday life to illustrate neighborly love with a story. A man is walking on a rather dangerous road. He could be any place where safe outcomes are uncertain. More importantly, the "road" is also a metaphor for the choices each of us makes. The specifics of the story are less important than the illustration.

The man is attacked, robbed, and left. Two different people see the man in distress and choose to ignore him. Fortunately, a third person goes to the aid of the person in need. "Which one was a neighbor to the person in need?" Jesus asks.

And, like the lawyer interrogating Jesus we have similar questions. What does it mean to love our neighbor as ourselves? Who is our neighbor?

In this story, the person in distress and the person who helped were strangers with no apparent commonalities. Two walked away when they saw a person in need. Who gets your vote if these three persons were running for council in your ward?

Before you answer, assume that the person who helped is not affiliated with the political party you ordinarily support.



In Our Prayers

Kevin Croom                      Richard Oram  
 Sylvia Pittman                  Chris Freeman  
 Shirley Craig



FRIENDS AND LOVED ONES WHO ARE  
HOMEBOUND OR IN NURSING CARE

Nancy Elston                      Elaine Lamoreaux  
 Norma Buzzard                  Mary Nations

**SOUTH FLINT SOUP KITCHEN NEWS**

South Flint Soup Kitchen, a nonprofit that is dedicated to providing a meal to anyone in need, is one of the charities participating in A Community Thrives challenge, a program that supports community improvement ideas with grants up to \$100K. To qualify for a grant, South Flint Soup Kitchen needs to meet a fundraising goal from its own network of \$6,000. Help us raise awareness and funds to help Feed Flint by saving the date and making a donation online from July 18th through August 12th at [mightycause.com/feedflint](http://mightycause.com/feedflint).

**What:** Give to South Flint Soup Kitchen to support their A Community Thrives Campaign.

**When:** July 18th through August 12th

**Where:**  
 Online at [mightycause.com/feedflint](http://mightycause.com/feedflint)

**For more information:** Like us on Facebook and Twitter. Help us get the word out about this campaign. Tell your friends! Forward this email ...

We are grateful for your continued support.

Katelin Maylum, Senior Program Manager

South Flint Soup  
 Kitchen

(810) 239-3427



**COMING UP THIS WEEK**  
**JULY 18 –JULY 24**

- July 18 Mon 6:00pm Leadership Team Meeting
- July 19 Tues 10:00am-12:30pm  
 Food/Water Distribution
- July 20 Wed 12Noon Pastor Book Club  
 Angel Closet (appointments only) at  
 South Flint Soup Kitchen (239-3427)
- July 21 Thu
- July 22 Fri
- July 23 Sat 12Noon Flint Food Not Bombs
- July 24 Sun 10:30am  
 New Beginnings  
 Contemporary Worship  
 1:00-6:00pm Open House in the  
 Asbury Fellowship Hall

(We are live on [Facebook](#) and our newly launched [YouTube channel](#). You can find these links along with more information about us on our website at [FlintAsbury.org](http://FlintAsbury.org).)

## Asbury Worship Series "Masterpiece"

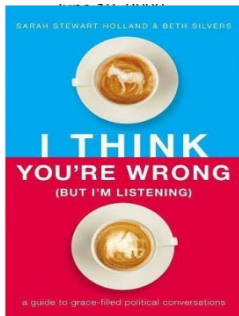


It's tempting to declare that we're beginning a new series on the first Sunday in July. It's tempting for many reasons, so why not just call our next several Sundays by a catchy title and announce a "new" topic? And I love new beginnings.

Instead, welcome to Parts three and four of a series we began the Sunday after Easter called

### Book Club News

On the Wednesday after Easter, we began a new



adventure into the slow but rewarding process of self-discovery assisted by author and therapist

Aundi Kolber and her book *Try Softer*. In parallel to our worship series

*Masterpiece*, our Book Club went deeper into the process of self-discovery. Our journey, so far, is proving to be an exciting exploration of who we are behind our layers of protection.

We continue our exploration beginning in July, assisted by two friends with differing political views but somehow manage to stay good friends. How is this even possible in a world intentionally divided by political candidates into blue and red hats and t-shirts?

Join us each Wednesday in July and find out as we read and discuss the book *I Think You're Wrong (But I'm Listening)*.

Whether you're a regular on Sunday mornings, only attend on an occasional holiday, or don't cross the threshold of a church building without coercion, there is something for everyone in this conversation.

Our book choice was written by two working moms from opposite ends of the political spectrum. And their hope is that we can learn that politics don't have to divide us. Instead, we can try to bring the same care and respect that we show at other times to discussions about policy.

### Leadership in Worship & Service

Tony, Mirium	Welcome Team
Anthony, Jim	Ushers
Jonathon, Terrance	Production Team
Miriam	Children
Cyndi	Worship Leader
Christine & Norma	Cafe

### Asbury Staff

Rev. Dr. Tommy McDoniel	Pastor & Exec Dir
Connie Portillo	Office Manager
Sylvia Pittman	Empowerment Arts

Jim Craig	Board & Leadership
Chair	
Kevin Croom	Exec Chef & Dir Opers
Matt DePalma	Farms Manager
Chris Freeman	South Campus Bldg Mgr
Israel Unger	Finance Director



## Asbury Worship Series - Masterpiece ...cont from pg 4

*Masterpiece.* The reason for not creating a more robust line of demarcation between then and now is that we're not finished.

Now that we've begun the work on ourselves that leads to better emotional and mental health, we deserve to feast on the benefits right away. Our rewards begin with taking our newly discovered truths about ourselves on the campaign trail. After all, it's summer, and COVID is finally becoming more of a bad memory than a current threat. In-person gatherings are returning so let's get together and debate the issues.

In parts three and four we continue exploring the masterpiece God is forming in us, assisted by two friends with differing political views but somehow manage to stay good friends. How is this even possible? After all, isn't the world intentionally divided into blue and red?

In our book club article, we learn that the book that parts two and three of our series is based on was written by two working moms from opposite ends of the political spectrum. And our hope is that we can learn that politics don't have to divide us. Instead, we can put what Jesus teaches us into practice in our debates about policy.

I promise that the next several weeks will be challenging. Even if for no one else other than your pastor. I'm a somewhat reluctant participant in this notion of finding agreement with the other side. I've spent most of my life competing in races for which there can be only one winner.

Nevertheless, I also long for a time when debate doesn't bring out the worst in people. So I'm all in for this next leg of our trip. And I hope you are as well.

We'll follow the outline of the book our series is based on. *I Think You're Wrong (but I'm Listening)* brings politics into the front door of the church. But not as a way to influence who you vote for. But, I hope you'll make sure you vote with the confidence that you know where you stand on the issues that matter most to you.

Our theme scripture for this next chapter comes out of John's Gospel. In chapter three we read the story of a Jewish leader named Nicodemus. The chapter begins by providing political context. Nicodemus belonged to the party of the Pharisees. And Jesus was more of an independent who understood both sides of the argument and loved even those with whom He disagreed.

Imagine that!

I pray that you will join us each Sunday morning at 10:30 am. We share our weekly episodes on our [YouTube channel](#). We go live at 10:30 am. You can find these links along with more information about us, or join our live broadcast on our [website](#) at [FlintAsbury.org](http://FlintAsbury.org).

Pastor Tommy

*Sarah Stewart Holland and Beth A. Silvers. I Think You're Wrong (But I'm Listening): A Guide to Grace-Filled Political Conversations. Nashville: Nelson Books, 2019.*

## Basics (Common Ground) ... cont. from pg 1

approval ratings. However, the "swing" votes that determine elections are generally cast according to the president's approval ratings.

And the result is more often a stalemate in Congress, given the propensity for blaming the sitting president for anything that isn't going as we hoped. It doesn't seem to matter that a president's power is intentionally limited and that only Congress can turn policies into law. Nor does it seem to matter that what happens in other parts of the world profoundly affects our well-being.

And given President Biden's approval rating, the experts anticipate a shift in power in the Senate and potentially in the House of Representatives to the other party. If this holds true, we can expect almost nothing out of Congress for another two years based on past performance. And for some, this may seem to be a reasonable compromise. Really?

On the other hand, the U.S. Supreme Court issued a couple of rulings that should affect the election outcome even more than the president's popularity. A woman's right to choose an abortion and several other rights could change the dynamics as voters consider where candidates stand on these essential matters.

In Michigan, all State Representative seats are on the ballot, along with all 38 Senate positions. The Republican party has enjoyed control of the

House and Senate in Michigan for twelve years. Michigan has never had a year where Democrats controlled the house and Senate and a governor from the same party.

Which team are you on?  
What is the color of your team's jersey?

Before you answer this question, I want you to first take some time to consider not wearing your jersey. Try disconnecting from your party's rhetoric as you contemplate some of the more thorny problems plaguing our community, state, and nation. Imagine life without a party designation. Imagine a scenario where ideas are evaluated on merit without regard to a party platform.

Once you've committed to a team, having a rational conversation about challenging issues is much more difficult. So let's try the one Sarah Stewart Holland and Beth Silvers offered in chapter two of *I Think Your Wrong (But I'm Listening)*. Is it the government's responsibility to provide assistance to persons in need? If so, then how should this goal be accomplished?

This question has been debated since settlers first set foot on the North American Continent. Without going into the details, most of us compare the support provided through our Department of Health and Human Services (DHHS) today with programs adopted by numerous states in the early 1900s.

"Mother's pensions" systems generally provided cash assistance to mothers of young children to allow them to focus on raising their children. This tie-back is painful for many of us since this benefit was initially limited to white women. Transitioning from a racially biased support system to one that doesn't discriminate based on race was painful. This transition exposed how deeply entrenched systemic racism was woven into our cultural fabric.

However, while we made substantive, bi-partisan progress in passing the Personal Responsibility and Work Opportunity Reconciliation Act of 1996, the legislation passed at that time is woefully incomplete. Support for those in need is complicated and involves several factors that most of us take for granted.

One area that affects the viability of solutions is jobs. It's estimated that 5 Million factory jobs have been eliminated since 2000. Flint was already hard-hit even before automation reduced the number of jobs needed in manufacturing with the loss of over 80 Thousand jobs. When public assistance comes with a work mandate, the availability of jobs that pay living wages becomes a critical success factor. And since jobs increasingly require new skills, education is also vital.

Providing support for basic needs is messy, and we must bring our collective best efforts

Choosing which candidates get our vote is essential. But just as necessary are the issues that we want our elected officials to address. If helping our neighbor in distress is a core value, we should know what help looks like. And shouldn't we expect our elected officials to feel empathy for persons in distress?

In a *Harvard Business Review* article, Dr. Marc Harrison describes how the pandemic revealed the obvious — our healthcare system isn't working for the vast majority of us. In his article, the doctor offers five priorities for restructuring U.S. healthcare. And preventative care tops his list for taking intentional steps toward effective healthcare.

Fortunately, healthier choices rank at the top for preventing chronic illness for most of us. Unfortunately, too many of us continue to make choices that negatively impact our health. But our healthcare system doesn't get a pass in choosing prevention over treating illness. At the core of our healthcare system is a focus on treating rather than preventing illnesses.

Healthcare is expensive in the U.S., but preventive care reduces this cost dramatically.

Dr. Harrison's second priority addresses the most obvious shortcoming in our healthcare system. Covid-19 hospitalization rates and death rates were substantially higher for non-white patients. Systemic racism creates a complex web of

disparities exasperated and made evident by the pandemic.

Research has discovered that there are "social determinants of Health" that, at first, don't appear to be related to health. For example, where we live plays a significant role in our need for and access to healthcare. Where we live is the road we're traveling, and our health outcomes are directly related.

Beth and Sarah offer a challenge to consider. "How would the world view the church in particular if it heard people of faith express an interest in ensuring access to good-quality health care at fair prices? When we lead with the values that inform our faith—compassion, forgiveness, and love—we enter into even the most emotionally charged discussions with a new perspective."

Why does Asbury do what we do? Why did we invest in creating a place for people to connect?

First, we did so because we believed that a lack of connection was at the heart of the problems that plagued our community. Research shows that broken relationships with God, each other, ourselves, and the planet are the root causes for keeping persons impoverished. Scarcity flourishes in a disconnected society. And scarcity promotes disconnectedness in the way that a contagion infects a new host.

But is connecting neighbors really our what rather than our why? Why are we trying to connect with neighbors?

When asked what he needed to do to gain eternal life, Jesus answered the question with another question. What does it say in scripture — how do you read it? "Love God and love neighbor was the short answer.

We do what we do because we believe that loving God begins with loving each other. And we choose to show our love by addressing the insidious root causes for communities lacking resources: a lack of connection.

Why do you do the things you do?

You can join us each Sunday online by going to the button on the homepage of our [website](#) - [Click here to watch](#). This button takes you to our [YouTube channel](#). You can find more information about us on our website at [FlintAsbury.org](#).

A reminder that we publish this newsletter that we call the *Circuit Rider* each week. You can request this publication by email. Send a request to [connect@FlintAsbury.org](mailto:connect@FlintAsbury.org) or let us know when you send a message through our [website](#). We post an archive of past editions on our website under the tab, [Connect](#) - choose [Newsletters](#).

Pastor Tommy

Content for this series is based in part on: Sarah Stewart Holland and Beth A. Silvers. *I Think You're Wrong (But I'm Listening): A Guide to Grace-Filled Political Conversations*. Nashville: Nelson Books, 2019.

Marc Harrison. "5 Critical Priorities for the U.S. Health Care System." © *Harvard Business Review*, December 15, 2021. Retrieved from: [link](#)

## Life Group Questions & Notes:

*A teacher of the Law came up and tried to trap Jesus. “Teacher,” he asked, “what must I do to receive eternal life?” Jesus answered him, “What do the Scriptures say? How do you interpret them?”*

Luke 10:25-37 (GNT)

### NOTES FROM WORSHIP

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### QUESTIONS FOR LIFE GROUPS

1. Read the story of the Good Samaritan in Luke 10:25-37. Where are you in the story? Reflect on placing yourself in each of the roles including the person asking Jesus questions. What did you learn about your values?
2. Read this week’s article titled *Why? How clear are you about your own values — why you do the things you do? In what ways do your values affect how you vote? What are your experiences with healthcare? What is working or not working for you regarding healthcare? In what ways do you practice preventive care? Do your healthcare providers practice preventive care? What are some ways that our healthcare system should change? Why?*
3. How can the members of your group help you this week and on-going to help you to be more receptive to hearing and understanding the Word of God? Pray for each other to have the Holy Spirit bless you with more courage.




“Feed Flint”



## “Feed Flint”

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A meal goes a long way for a senior living alone, a family struggling to make ends meet, or a child fearful of empty shelves at home. But for the residents of Flint who carry the effects of lead-tainted water, nutrition is critical. Feed Flint provides locally grown, chemical-free, fresh produce to residents living in and around Flint. And we're hoping that you can help us provide 10,000 meals this summer.

Feed Flint includes takeout meals, produce boxes with recipes, and home deliveries as part of our work to guide and support families in moving to sustainable abundance. The reality is that Michigan's food insecurity levels got worse during the COVID-19 pandemic, and this summer's recovery is leaving behind those at the most risk of having to miss meals.

**Flint families continue to struggle with the ongoing effects of the water crisis.**

We're bringing together the resources of the Asbury Community Development Corporation. This includes Asbury Farms, the South Flint Soup Kitchen, the Asbury Community Help Center, multiple food pantries, and our Sizzling Culture Mobile Food Trailer. Our plan is to care for our neighbors when they need it most. We accept all people as they are, and our doors are always open to anyone.

Asbury Farms provides locally grown produce used to create fabulous and nutritious meals. Our seed-to-table approach is community-based. This not only helps families make it through emergencies and crises. We help move families towards sustainable abundance.

Our Sizzling Culture program provides jobs and new skills to our city's youth. This includes year-round employment. Our staff and most of our volunteers come from the neighborhoods we support. We call this sustainable abundance because families move from need-based on scarcity to enough based on community-generated abundance.

Our work is also about food and justice. Our vision is a revitalized community where every resident can use their talents and passions for the common good, where children grow into active citizens. And all residents can enjoy safety, good health, and a culture that fosters life-long learning and satisfying lives. This summer, help us address food insecurity and strengthen Flint's budding local food system by supporting the Feed Flint campaign. Thank you for taking the time to see what we're doing and considering how you can help.

Donate to our Feed Flint Campaign by visiting:  
[flintasbury.org/feed-flint-donate](https://flintasbury.org/feed-flint-donate)

South Flint  
Soup Kitchen

Food Giveaways  
and Angel Closet

July Dates

Angel Closet -  
APPOINTMENT ONLY  
July 13th and 20th  
Call 810-239-3427 for an  
appt.

Food Giveaways - NO APPOINTMENT  
NEEDED! July 6th and 27th 11am-Noon

South Flint Soup Kitchen  
3 blocks north of Atherton Road  
3410 Fenton Road  
Flint, MI 48507



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**AND**

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**CREATE YOUR OWN VEGGIE BOX**

Select what goes in your box from each week's harvest. Get \$5 off your next order when you fill your box with \$15 of produce.

**WANT US TO DECIDE FOR YOU?**

Choose Veggie Box Subscription and we will fill your order with a variety of each week's harvest. Pay when you pick up your box. **A \$15 VALUE FOR \$10.**

**\* CONVENIENT PICKUP AT ASBURY OR AT THE SOUTH FLINT SOUP KITCHEN \***

to the debate. But unfortunately, partisan politics cannot solve this problem and is more likely to implement unworkable solutions.

Scripture offers a plethora of illustrations that act as a mirror and insights into finding solutions to complicated problems.

For example, all four gospels include a story about a time when someone pours oil on Jesus in a show of intense intimacy, gratitude, and love. John's gospel tells us that it was Mary, brother of Lazarus and sister of Martha. In the stories told in the other three accounts, the woman is unnamed.

In Luke's telling, the woman is described as sinful, and she washes Jesus' feet with her tears, dries his feet with her hair, and then pours expensive perfume on them. Mark and Matthew appear to tell versions of the same story in which the woman pours the perfume on Jesus' head. In the various versions of these stories, Jesus is at the home of either Simon, a man suffering from a skin disease, or a member of the Pharisees' political party.

One detail is found in all four — complaints were voiced by one or more persons. In all but Luke, the complaint was that the perfume used was expensive and wasted. In Luke's version, Jesus shouldn't let a woman with her reputation get close to Him.

The other common element found in all four — Jesus defended the woman's actions sharing a different way of looking at the same reality.

Yes, the perfume was expensive, and others could be helped if only the woman had made a "better" choice. So why does Jesus come to her defense? And what might this mean for our own judgments regarding decisions made by persons in need when we believe there's a better option?

First, Jesus didn't say that those making claims that the money could have gone to a better purpose were wrong in their assessments. Expensive perfume is elaborate and perhaps best left for persons with a lot of disposable income to utilize. And while we're not told the economic status of the women, any of them would have benefited from a different choice in their own needs.

And then Jesus drops what may be the most frustrating observation found in scripture. As part of His reasons for allowing the woman to make her own choice regarding the resources she is given, Jesus says that "You will always have the poor among you" (Mark 14:7).

What? Why can't our social safety nets eliminate poverty? Can they just go find a job like everyone else?

Nowhere in scripture do we read that "this too shall pass" when it comes to persons in need. Our human systems fail at their very core whenever we respond with anything less than unconditional love. And as a result, we need programs that offer the basics to persons in need. Scripture insists that those in need be provided with the basics necessary for life without qualifications.

Leave her alone ..You will always have the poor among you...she has done what she could.

Mark 14:6-8

Meanwhile, we have work to do with all of our policies. We must find solutions to our educational systems, healthcare, racism, and more problems. And we need to come together on the same team to find solutions that work. Disagreement should be a strength that is

leveraged to find better solutions to complex problems rather than a liability.

The people on the other side of the political aisle are not our opponents in life. They are our neighbors, friends, and family members. We have much more in common than differences. So let's try to find common ground.

But I'll leave you with a boundary that we set last week. If you come to the table with dehumanizing attacks or attempts to keep some of us from voting, we can't have a productive conversation. So instead, bring your worst fears and your best ideas for how to mitigate them. And I'll come with mine.

You can join us each Sunday online by going to the button on the homepage of our [website](#) - [Click here to watch](#). This button takes you to our [YouTube channel](#). You can find more information about us on our website at [FlintAsbury.org](#).

A reminder that we publish this newsletter that we call the *Circuit Rider* each week. You can request this publication by email. Send a request to [connect@FlintAsbury.org](mailto:connect@FlintAsbury.org) or let us know when you send a message through our [website](#). We post an archive of past editions on our website under the tab, Connect - choose [Newsletters](#).

Pastor Tommy

Content for this series is based in part on: Sarah Stewart Holland and Beth A. Silvers. *I Think You're Wrong (But I'm Listening): A Guide to Grace-Filled Political Conversations*. Nashville: Nelson Books, 2019.

The write-up found on Amazon has this to say about the authors of our next book:

Sarah Stewart Holland, along with Beth Silvers, cohosts Pantsuit Politics podcast, featured in the New York Times, the Atlantic, and named by Apple Podcasts as one of the Best Shows of 2021. Sarah and Beth speak frequently to universities, businesses, and civic organizations about improving political dialogue. Both attended Transylvania University in Lexington, Kentucky.

Sarah Stewart Holland received her Juris Doctors from American University. She began her career as a congressional staffer, campaign aide, and blogger and social media consultant. She lives in Paducah, Kentucky, where she served a term as a city commissioner and volunteers as a Court-Appointed Special Advocate for children. Beth Silvers received her Juris Doctors from the University of Kentucky. She lives in Union, Kentucky, and serves on several local boards of directors.

If you prefer to avoid groups or live too far away, I encourage you to join us online for our Wednesday gatherings. Alternatively, you can call in by phone, be heard, and hear what others say by calling (929) 436-2866 -- enter the meeting ID, 282 039 5568#.

We are a diverse group, delighted when new people join us. I hope that you will join in on our discussion.

You can contact our office with questions, by phone or simply type your question on our website's homepage — [FlintAsbury.org](http://FlintAsbury.org).

Pastor Tommy

*Sarah Stewart Holland and Beth A. Silvers. I Think You're Wrong (But I'm Listening): A Guide to Grace-Filled Political Conversations. Nashville: Nelson Books, 2019.*

Aundi Kolber. Try Softer: A Fresh Approach to Move Us out of Anxiety, Stress, and Survival Mode--and into a Life of Connection and Joy. Carol Street, IL: Tyndale House Publishers, 2020.

**Providing a HOT MEAL and/or local, organic  
PRODUCE weekly.**

**SATURDAYS starting around 12NOON**

**Asbury United Methodist Church**

**1653 Davison Rd, Flint (810) 235-0016**

**Flint Food Not Bombs** is a loose-knit group of independent collectives, sharing free vegan and vegetarian food with others. **Flint Food Not Bombs** believes that access of food among other necessities of life-should be viewed as a right, not a privilege. Yet in a nation with a military budget many times that of other nations, people continue to go hungry. This is immoral and unjust.

**JOIN THE CONVERSATION!**

**Facebook.com/flintfoodnotbombs**

**Twitter.com/flintfub**

**Email: flintfub@protonmail.com**

**Website: foodnotbombsflint.wordpress.com**

**We're currently looking for volunteers so we can expand. If interested,  
send us a message! Solidarity!**

**A nation that continues year after year to spend more money on military defense  
than on programs of social uplift is approaching spiritual death.—MLK**





Summer is getting into full swing at the farm!!!

Coming soon, the farm's new twist on a CSA Food Box!!!!

You pick what you want, bring home only the veggies you love!

First Pick-Up date:

July 16th, 11am-1pm



Want more information??  
Email: [kelly.jewett@outlook.com](mailto:kelly.jewett@outlook.com)